

Christ Church Spirit Camps 2018 Camp Descriptions

Art

Explore various art mediums by doing a wide variety of art projects. Art emphasis is on fun and creativity where campers get a chance to cut, arrange, and dab as they work on craft projects, drawing, painting skills. Please bring a smock daily and prepare to create your own masterpiece! Tie Dye Week- Learn the different techniques to Tie Dye. Be ready to transfer your pearly white t-shirts, socks, and other fabric materials into rainbow art!

Beginner Lacrosse

Basic Lacrosse skills for boys and girls are taught by experienced lacrosse players. Learn basic skills of catching, cradling, and passing, as well as offensive & defensive tactical skills as well as rules of the game. Bring your own lacrosse stick, mouth guard, and water bottle. Girls bring lacrosse goggles and boys bring helmet and gloves.

Circus

Learn amazing skills: 1-Walk on our professional lowered tightrope, 2-Balance and walk on our barrels and dome ball of different sizes and levels, 3-Try your skill on a unicycle or practice on our unicycle with training wheels, 4- Work different challenges on a pogo stick or air pogo, 5- Balance on a balance board, balance disc, or Bongo Board, and 6- Fly in the air of our human catapult board! Learn to make balloon sculptures and animals, juggle fun objects, and work on tumbling and acrobatics. Don't run away to join the circus. Try our Circus Camp instead!

Creative Games & Team Building

The Creative Games & Team Building Camp has the campers participate in creative activities, innovative games, group team-building challenges, and fun cooperative activities. Make home-made ice cream with our ice cream soccer ball, be a human bowling ball, launch water balloons with our super bungee cord, learn to use juggling sticks, and play Hamster Relay, Moon Rock Samples, Puff Ball Dodge, and Team Paddle Race. If you are looking for a camp that is different from all of the others, then this camp is for you!

Drama & Theater Arts

Actors and Actresses will work on acting exercises, monologues, improvisation, storytelling, skits, and mini performances to explore and sharpen their skills for both stage and screen as they take turns being in the spotlight. Drama campers get an opportunity to perform in front of their peers with a performance on Friday for the entire Spirit Youth Camps for that week!

Gymnastics & Dance

Are you ready for the next Olympics? It's time to flip, tumble, and dance with Gymnastics & Dance Camp! Campers will participate on floor exercise, mini-trampoline, tumbling moon bounce, vault, parallel bars, high bar, rings, and balance beam. Campers will also work on rhythm and

dance movement skills, recreational games, and activities. This camp will work on routines and have a performance on Friday for the entire Spirit Youth Camps for that week!

Human Bubble Ball

Human Bubble Ball where the campers play creative games as well as work on skills in traditional sports such as soccer, football, and basketball while enclosed in a life-size bubble. The Zorb Ball cushions the campers as they perform challenges, work on sports skills, participate in creative challenges, work the Ninja Obstacle Course, and play games such as Bubble Soccer, Bubble Ball Tag, Human Bowling, Dodge Zorb, Mongo Ball, Sumo Wrestling, Rolling Relay, and Bubble Ball Tumbling. Join the latest sports craze, with a twist - Fitness & Fun for everyone!

Indoor Games & Activities

Tag games, relays, activities, and fitness are all part of this camp. Games and activities will be planned using paddles, scoops, puff balls, bean bags, scooters, beach balls, mats, soft play balls, kick-balls, rhythm balls, human bubble balls, parachutes, and more to play traditional and creative games,

Ninja Warriors

This is a fun camp that covers obstacle courses, self-defense basics, and anti-bullying techniques through agility challenges, creative games, and recreational activities. This camp will work on basic martial arts skills, but there are no belt levels. Accept the challenge and be ready to compete, just like in the TV show!

Outdoor All Sports

Campers will play a multitude of games and sports every day- basketball, football, soccer, kickball, flag tag, volleyball, Ultimate Frisbee and Frisbee golf, and other outdoor games and activities are all a part of this camp. If your child is athletic, loves sports, and has a lot of energy, then this is the camp!

Soccer

Campers work on foot skills- dribbling, passing, shooting by working skill development lead-up games, relays, activities, and tactical awareness. Play games like Soccer Ball Tag, Soccer Knock-out, Keep-Away, Builders & Bulldozers, 4 Corner Soccer, and much more!

Song & Dance Performance Camp

Work on singing, theater movement, and dance as a performance arts ensemble. Broadway songs, animated musicals and/or karaoke favorites add to the learning of dance, theater and musical skills. The theme this summer is "Bring Us to Broadway," with a performance on Friday for the entire Spirit Youth Camps for that week! Do you like Glee, American Idol, The Voice, and/or Summer School Musical? Then this camp is for you!