



sermon notes

The Helmet of Salvation

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*And lead us not into temptation, but deliver us from the Evil One.*

Matthew 6:13 (NIV)

*Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist . . . Take the helmet of salvation and the sword of the Spirit, which is the word of God.*

Ephesians 6:10–14,17 (NIV)

## WHAT DO WE KNOW ABOUT SATAN, THE EVIL ONE?

- Crafty
- Powerful
- Does not work alone
- Dealt a death-blow by Jesus on the cross

**Satan's primary weapon against us is the \_\_\_\_\_.**

**Our primary defense against Satan is the \_\_\_\_\_.**

*Take the helmet of salvation . . .*

Ephesians 6:17 (NIV)

**Why does Paul tell us to protect our head with the "helmet of salvation" if we are to stand against the devil's schemes?**

- Satan's attacks come primarily against \_\_\_\_\_.
- Satan's strategy is to whisper his lies in our ears and deceive us into believing that his thoughts are our thoughts.

For as a person thinks in his heart, so is he.

Proverbs 23:7 (NKJV)

- When we believe the lies, we fall deeper into Satan’s trap.
- The longer we believe the lies, the more that shame, blame and pain control our minds.

Let God transform you into a new person by changing the way you think.

Romans 12:2 (NLT)

### How can God change the way we think?

- Pray: “God, please heal my memories.”
- Believe the truth about you.

... through what Christ would do for us; he decided then to make us holy in his eyes, without a single fault—we who stand before him covered with his love.

Ephesians 1:4 (TLB)

### HOW DO YOU TAKE UP THE HELMET OF SALVATION?

By this gospel you are saved . . .

I Corinthians 15:2 (NIV)

“Gospel” means \_\_\_\_\_.

For **G**od so loved the world  
that He gave His one and **O**nly **S**on,  
that whoever believes in Him  
shall not **P**erish but have **E**ternal **L**ife.  
John 3:16 (NIV)

1. Acknowledge God’s \_\_\_\_\_ for you.

God so loved the world . . .

God showed how much He loved us by sending His only Son into the world so that we might have eternal life through Him. This is real love . . . (God) sent His Son as a sacrifice to take away our sins.

I John 4:9–10 (NLT)

2. Appreciate \_\_\_\_\_.

... that He gave His one and only Son ...

God did not send ...

- An angel
- A prophet
- A godly teacher
- A moral, ethical leader

**God sent us His one and only Son.**

**3. Accept His \_\_\_\_\_.**

... that whoever believes in Him shall not perish but have eternal life.

*The free gift of eternal salvation is now being offered to everyone.*

Titus 2:11 (TLB)

*Now God says he will accept and acquit us—declare us “not guilty”—if we trust Jesus Christ to take away our sins. And we all can be saved in this same way, by coming to Christ, no matter who we are or what we have been like.*

Romans 3:22 (TLB)

**Prayer:**

Dear Jesus, I don't understand it all, but I want to thank you for loving me and giving your life, so I can go to heaven. I want to accept your free gift of forgiveness and salvation. I want you to be the Lord and Savior of my life. Come into my heart and suit me up in the armor of God so that I may not fall prey to the devil's schemes. Thank you, Lord. Amen.