



Five Laws of Happiness

1. Don't search for happiness. **Create** it!
2. Happiness is not a goal.
3. My **habits** create my happiness.
4. Happiness based on happenings is **temporary**.
5. Happy habits are as addicting as bad habits.

Joy Stealers	
1.	2. Porcupine
3.	4.

Philippians 1:12-30 (NLT)

And I want you to know, my dear brothers and sisters, that everything that has happened to me here has helped to spread the Good News.¹³ For everyone here, including the whole palace guard, knows that I am in chains because of Christ.¹⁴ And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear.

¹⁵ It's true that some are preaching out of jealousy and rivalry. But others preach about Christ with pure motives.¹⁶ They preach because they love me, for they know I have been appointed to defend the Good News.

¹⁷ Those others do not have pure motives as they preach about Christ. They preach with selfish ambition, not sincerely, intending to make my chains more painful to me. ¹⁸ But that doesn't matter. Whether their motives are false or genuine, the message about Christ is being preached either way, so I rejoice. And I will continue to rejoice. ¹⁹ For I know that as you pray for me and the Spirit of Jesus Christ helps me, this will lead to my deliverance.

²⁰ For I fully expect and hope that I will never be ashamed, but that I will continue to be bold for Christ, as I have been in the past. And I trust that my life will bring honor to Christ, whether I live or die. ²¹ For to me, living means living for Christ, and dying is even better. ²² But if I live, I can do more fruitful work for Christ. So I really don't know which is better. ²³ I'm torn between two desires: I long to go and be with Christ, which would be far better for me. ²⁴ But for your sakes, it is better that I continue to live. ²⁵ Knowing this, I am convinced that I will remain alive so I can continue to help all of you grow and experience the joy of your faith. ²⁶ And when I come to you again, you will have even more reason to take pride in Christ Jesus because of what he is doing through me.

²⁷ Above all, you must live as citizens of heaven, conducting yourselves in a manner worthy of the Good News about Christ. Then, whether I come and see you again or only hear about you, I will know that you are standing side by side, fighting together for the faith, which is the Good News. ²⁸ Don't be intimidated in any way by your enemies. This will be a sign to them that they are going to be destroyed, but that you are going to be saved, even by God himself. ²⁹ For you have been given not only the privilege of trusting in Christ but also the privilege of suffering for him. ³⁰ We are in this struggle together. You have seen my struggle in the past, and you know that I am still in the midst of it.

KEY VERSE: Whatever happens, conduct yourselves in a manner worthy of the gospel of Christ.

Philippians 1:27 (NIV)

WHATEVER HAPPENS, I CAN BE HAPPY IF...

1. I Trust That God Has the _____.

And I want you to know, my dear brothers and sisters, that **everything** that has happened to me here has helped to spread the Good News.

Philippians 1:12 (NLT)

WHEN I SEE MY PROBLEM THROUGH THE LENS OF FAITH ...

- I'm a _____.
For everyone here, including the whole palace guard, knows that I am in chains because of Christ.
Philippians 1:13 (NLT)
- I _____.
And because of my imprisonment, most of the believers here have gained confidence and boldly speak God's message without fear.

Philippians 1:14 (NLT)

2. I NEVER Let Someone Else _____.

¹⁵ It's true that some are preaching out of jealousy and rivalry.

But others preach about Christ with pure motives.

¹⁶ They preach because they love me, for they know I have been appointed to defend the Good News.

¹⁷ Those others ... preach with selfish ambition, not sincerely,
intending to make my chains more painful to me.

Philippians 1:15-17(NLT)

PAUL DIDN'T LET HIS CRITICS, COMPETITORS OR CONSPIRITORS CONTROL HIS ATTITUDE.

But it doesn't matter. THE IMPORTANT THING is that in every way, whether for right or wrong reasons, they are preaching about Christ. So I am happy, and I will continue to be happy.

Philippians 1:18 (NCV)

Don't be afraid of your enemies; always be courageous, and this will prove to them that they will lose and that you will win, because it is God who gives you the victory.

Philippians 1:28 (TEV)

WHATEVER HAPPENS, I CAN BE HAPPY IF...

3. I Always Trust God To _____.

FOUR SOURCES OF STRENGTH

And I will continue to rejoice. ¹⁹ For I know that as you pray for me and the Spirit of Jesus Christ helps me, this will lead to my deliverance.

Philippians 1:19 (NLT)

4. I Remain Committed To My _____, Not My Problem.

But if I live, I can do more fruitful work for Christ. So I really don't know which is better. ²³ I'm torn between two desires: I long to go and be with Christ, which would be far better for me. ²⁴ But for your sakes, it is better that I continue to live. ²⁵ Knowing this, I am convinced that I will remain alive so I can continue to help all of you grow and experience the joy of your faith.

Philippians 1:22-25 (NLT)