
 <p>Discovering Joy Through Simplicity and Generosity</p> <p>ENOUGH</p>		<p>sermon notes</p> <p>May 8, 2016</p> <p>Pastor Monica Reynolds</p> <p>Simply Wise</p> <p>LISTEN, GET NOTES + SHARE AT CHRISTCHURCHVA.ORG/MEDIA</p>
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Frenetic

Adjective

- Fast and energetic in a rather wild and uncontrolled way.
- Wild, frenzied, hectic, manic, hyperactive, turbulent.

Over the long-run, a frenetic lifestyle will leave you:

1. _____
2. _____
3. _____

Do you believe that is what God intends?

Prioritize

Proverbs 3:5-9 (NRSV)

⁵ *Trust in the Lord with all your heart,
and do not rely on your own insight.*

⁶ *In all your ways acknowledge him,
and he will make straight your paths.*

⁷ *Do not be wise in your own eyes;
fear the Lord, and turn away from evil.*

⁸ *It will be a healing for your flesh
and a refreshment for your body.*

⁹ *Honor the Lord with your substance
and with the **first fruits** of all your produce...*

- God desires our _____.
- Yet, we so often give God our _____.
- Because we belong to God and will find true peace only in God, when our priorities are out of whack, we will feel restless and quite possibly exhausted.

Simplify

- Who are you trying to become?
- Have you mapped out how you plan to get there?
- Does the way you use your time and resources help you achieve your purpose?
- Is what matters most to you on your calendar? If not, why?
- Is too much of what doesn't really matter to you taking up your time?
- Reassess priorities.
- Give God your best and first.
- Make difficult choices that allow you the freedom to live simply and wisely.

Declutter

- We live in an era where our consumption has, in effect, consumed us. We consume material items, services, entertainment, and yes, even church. And yet, recent research tells us that we are less and less happy as a society.
- In order to simplify, we must also declutter:
 - Our _____
 - Our _____
 - Our _____

Wisdom

- Intelligence and knowledge about every kind of craft.
- Wisdom helps us understand and organize reality.
- In the Ancient Near East, wisdom was rooted within the family unit and passed along to each generation.
- Jesus can be thought of as the personification of divine wisdom.
- Wisdom helps align God's priorities and our priorities.

Woman Wisdom

Proverbs 8:1-36 (NRSV)

- She is aligned with God at Creation.
 - V 30-31 *...and I was daily his delight, rejoicing before him always, ³¹rejoicing in his inhabited world and delighting in the human race.*
- She utters truth.
 - V 34 *Happy is the one who listens to me, watching daily at my gates, waiting beside my doors.*
- She is more valuable than precious metals.
 - V 35 *For whoever finds me finds life...*
- It is not wise to live frenetically.
 - V 36 *...but those who miss me injure themselves.*